

Walking in the hearth Of South-Tyrol: Chestnut & wine route walk

A 6 day walking tour

Code tour: ITTRE02W



On the sunny side of the Alps and in the shadow of the Dolomites you can hike through some of the prettiest parts of South Tyrol (Upper Adige). In this area are some of the most beautiful promenades, walking trails which offer sweeping panoramas. The main part of this tour is between Brixen (Bressanone), the cultural capital and with its 1000 years the oldest town of Tyrol, and Bozen (Bolzano), the provincial capital. Bressanone has a lively medieval town centre with churches and museums to visit and excellent restaurants inviting you to taste the local specialties. The area covered combines the Tyrolean culture to the north with the Italian to the South. A surprise is the Säben Mountain, also called the Holy Mountain, and its monastery, artistically a pearl and one of the oldest pilgrimage places of South-Tyrol. The first part of the walk is following the Chestnut Path (“Keschtnweg”) and it will give you an unforgettable view of the beautiful plateau above Bozen, south of the Dolomites. You pass close to the village of Ritten (Renon), the “fashionable” summer resort for the rich from the capital city. Vineyards and orchards line the way on your hike through one of the most beautiful areas in the centre of the South Tyrolean wine region. Lake Kaltern, the best-known lake in South Tyrol, is a further highlight on this route. Its water reflects the green landscape in all its green shades. Castles, palaces and manor houses emboss the landscape of the South Tyrolean Wine Route where numerous wineries offers tastings of their superb wines. The excellent cuisine, a perfect mixture of the Tyrolean and Mediterranean cuisine, amazing wines and the stunning panorama create an unforgettable walking experience.



Period: Arrivals every Saturday and Wednesday from 13/04 until 06/10/2024 (last available date).

From 04/08/2024 to 25/08/2024 no departures possible.

On request, with a minimum of 5 participants, it is possible to start on another day of the week.

Participants: minimum 2 persons (solo traveller on request)

Level: 2,5

Moderate walking tour. Walking experience is needed. You walk along well-marked paths, mainly signposted crossing mountain meadows and forests. The Dolomites are always in view and the itinerary do not ask for special technical skills. On some days

public transport can be used to shorten the routes. The tour is suitable for children from 12 years and on.

Daily distances between: 15 km / 9,3 mi and 19 km / 11,8 miles

Total km: 67 km / 41,6 mi

'Highlights' of this walking holiday:

- Old town of Bressanone (Brixen)
- Neustift abbey, Convent Säben in Chiusa.
- The high plateau of Renon (Ritten)
- Typical South Tyrolean hamlets and mountain farms
- Lake Kaltern
- The provincial capital, Bolzano (Bozen), with its famous harbours and Street-Fruit-Market
- Sigmundskron Castle and the Messner Mountain Museum
- Lush orchards and thriving vineyards along the South Tyrolean Wine Route
- Tyrol Castle and the famous Tappeiner Way
- The spa town of Merano with its Mediterranean flavour and promenades along the river Passer

Program in short 6-day tour:

Day 1 Arrival at Bressanone (Brixen)

Day 2 Bressanone (Brixen) – Chiusa (Klausen) (15 km / 9,3 mi)

Day 3 Chiusa (Klausen) – Renon (Ritten) – Bolzano (Bozen) (17,5 km / 10,8 mi)

Day 4 Bolzano (Bozen) – surroundings of the Lake Caldaro (Kalterer See) – Bolzano (Bozen) (15,5 km / 9,6 mi)

Day 5 Bolzano (Bozen) – Lana – Merano (Meran) (19 km / 11,8 mi)

Day 6 End of tour

Program day by day:

Day 1 Arrival at Bressanone (Brixen)

Individual arrival at your hotel in Bressanone. If you arrive early in the day, you will have time to explore this thousand-year-old town with its colourful alleys, nice shops and traditional festivals. The pope has a summer residence in Bressanone for his yearly two-week summer retreat. The surroundings of Bressanone are beautiful: the mountain slopes are covered with green vineyards and orchards. It is certainly worth visiting the bishop's palace and the 13th-14th century cathedral, inside which you can admire frescoes dating from the 14th and 15th centuries.

Overnight with breakfast in Bressanone

Day 2 Bressanone (Brixen) – Chiusa (Klausen)

Leaving Bressanone you hike up to the Peffersberg, passing small hamlets and mountain farms on your way along the plateau. To the south, you have a wonderful view of the Dolomites summits. You reach Velturmo (Feldthurns) and carry on to the Säben convent,

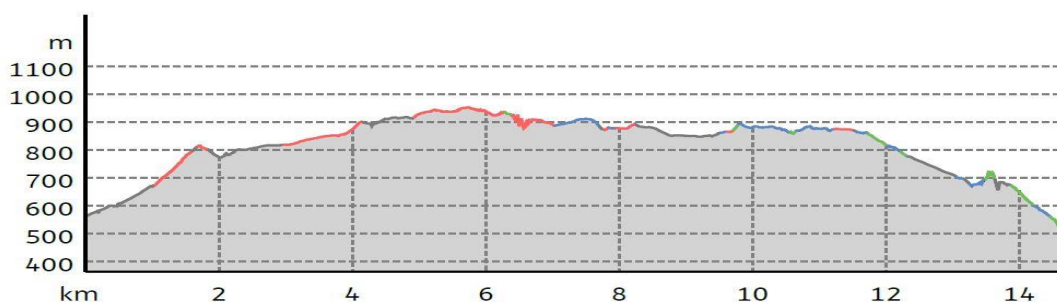
the Acropolis of South Tyrol. Cloistered Benedictine nuns live in this 17th century convent and it is not open to the public. Your overnight stay is in Chiusa (Klausen) a picturesque village, which is often visited by painters and poets.

Overnight with breakfast in Chiusa

Distance: 15 km / 9,3 miles

Ascent & Descent: + 580m - 620m

Walking time: 6 hrs



Day 3 Chiusa (Klausen) - Renon (Ritten) - Bolzano (Bozen)

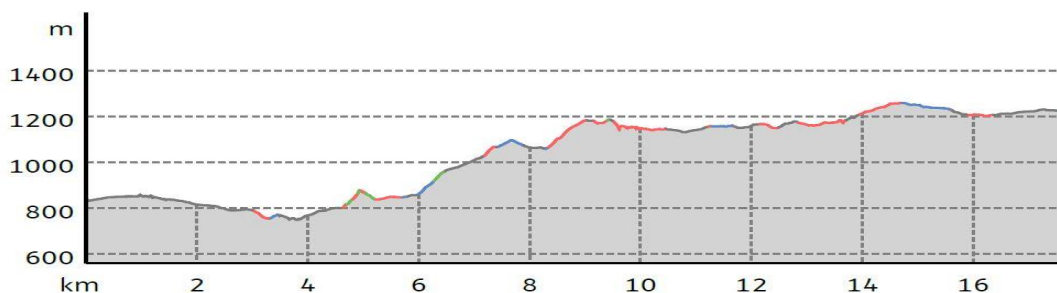
After a short transfer by bus to Barbiano/Saubach the start of the walk of today , you reach Renon (Ritten) on foot, a wonderful plateau above the Eisack Valley with impressive views of the Dolomites and the Schlern (2461m a.s.l.). You will pass the Earth Pyramids, a phenomenon created by erosion and occurring above all in the places where Ice Age glaciers have deposited moraine silt in the valleys. A cable car will take you to Bolzano, a town surrounded by many castles. In the evening, you will have time to visit this lively town, which unites Italian and Austrian culture. Due to its position, Bolzano is because of its position also called the gate of the Dolomites. You can visit many places of interest here, such as the cathedral, the 13th century Dominican church with a beautiful fresco by Michael Pacher (15th century) and a modern art museum. To shorten the route you can take the cable car 'Rittnerbahn' from Collalbo (Klobenstein) to Soprabolzano (Oberbozen).

Overnight with breakfast in Bolzano

Distance: 17,5 km / 10,8 miles

Ascent & Descent: + 670m - 280m

Walking time: 5/6 hrs



Day 4 Bolzano (Bozen) - surroundings of the Lake Caldaro (Kalterer See) - Bolzano (Bozen)

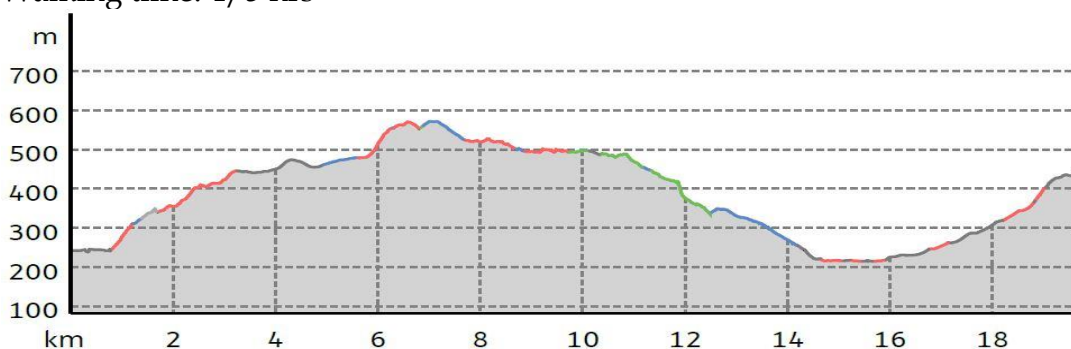
The sunny south of South Tyrol is awaiting you! Today you will discover the area around the most famous –and warmest- mountain lake of South Tyrol; lago di Caldaro (Lake Kaltern). This is a renowned wine-growing region of the Caldaro Doc wines, appreciated for not only its outstanding vines, but also the numerous castles, manor houses, churches and farms. A must for every wine lover is a visit to the South Tyrolean wine museum in Caldaro (Kaltern), which gives an insight into the history of South Tyrolean wines. You can shorten the itinerary by taking a bus from the lake to the village. Return to Bolzano by bus.

Overnight with breakfast in Bolzano

Distance: 15,5 km / 9,6 miles

Ascent & Descent: + 340m - 360m

Walking time: 4/5 hrs



Day 5 Bolzano (Bozen) - Lana - Merano (Meran)

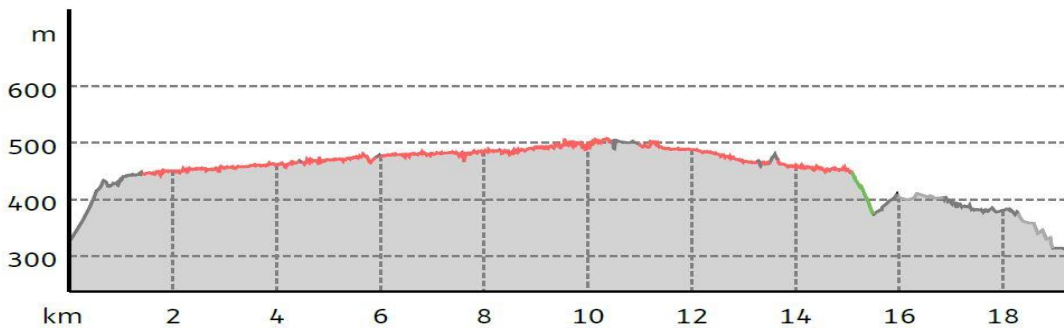
After breakfast, there is a transfer to Lana. Shortly after Lana, the hiking route continues along the famous Marlinger Waals – the longest irrigation ditch in South Tyrol. These irrigation ditches known as ‘Waale’ were constructed hundreds of years ago to supply dry strips of land with water. Today these ditches make wonderful footpaths used for walking. The route continues below Tyrol Castle along the famous ‘Tappeiner Weg’ towards Merano. Empress Sissi knew how to appreciate the mild climate. Inviting centuries-old arbours and superb parks add to the completion of a perfect day. Merano is a lovely town with an inviting historical centre. Maybe it is a good idea to visit the gardens of the Trauttmansdorff Castle.

Overnight with breakfast in Merano

Distance: 19 km / 11,8 miles

Ascent & Descent: + 220m - 240m

Walking time: 6/7 hrs



Day 6 Departure after breakfast

Hotels:

Guesthouse, good *** stars hotels or **** stars hotels

Price per person 2024

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| 6 days tour | |
| In double room arrival on 13/04 | € 599,00 |
| In double room arrival 17/04 - 13/07 | € 719,00 |
| In double room arrival 15/07 - 06/10 | € 799,00 |
| Single room supplement | € 175,00 |
| | |
| Extra nights | |
| Extra night in Brixen (Bressanone) B&B | € 89,00 |
| Single room supplement | € 39,00 |
| Extra night B&B in Meran p.p. in double room B&B | € 95,00 |
| Single room supplement | € 39,00 |

Included in the price:

- 5 overnight stays in good *** or **** star hotels with breakfast buffet or extended breakfast
- Tour information
- Videobriefing
- Service hotline
- Transfers according to programme

- Train ticket from Bolzano to Lana
- Luggage transportation from hotel to hotel
- Navigation App with gps tracks
- Carefully elaborated road book in English, Italian or German

Not included in the price:

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch and dinner
- Not mentioned entries
- Travel insurance, which we highly recommend
- All not expressly mentioned under the item “included in the price”



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