

Walking in the hearth Of South-Tyrol: Chestnut & wine route walk

A 7- or 8- day walking tour

Code tour: ITTRE02W



On the sunny side of the Alps and in the shadow of the Dolomites you can hike through some of the prettiest parts of South Tyrol (Upper Adige). In this area are some of the most beautiful promenades, walking trails which offer sweeping panoramas. The main part of this tour is between Brixen (Bressanone), the cultural capital and with its 1000 years the oldest town of Tyrol, and Bozen (Bolzano), the provincial capital. Bressanone has a lively medieval town centre with churches and museums to visit and excellent restaurants inviting you to taste the local specialties. The area covered combines the Tyrolean culture to the north with the Italian to the South. A surprise is the Säben Mountain, also called the Holy Mountain, and its monastery, artistically a pearl and one of the oldest pilgrimage places of South-Tyrol. The first part of the walk is following the Chestnut Path (“Keschtnweg”) and it will give you an unforgettable view of the beautiful plateau above Bozen, south of the Dolomites. You pass close to the village of Ritten (Renon), the “fashionable” summer resort for the rich from the capital city. Vineyards and orchards line the way on your hike through one of the most beautiful areas in the centre of the South Tyrolean wine region. Lake Kaltern, the best-known lake in South Tyrol, is a further highlight on this route. Its water reflects the green landscape in all its green shades. Castles, palaces and manor houses emboss the landscape of the South Tyrolean Wine Route where numerous wineries offers tastings of their superb wines. The excellent cuisine, a perfect mixture of the Tyrolean and Mediterranean cuisine, amazing wines and the stunning panorama create an unforgettable walking experience.



Period: Arrivals every Sunday from 18/04/2021 until 13/10/2021 (last available date).
 Variant of 8 days departures every Saturday from 17/04/2021 to 09/10/2021.
 On request, with a minimum of 5 participants, it is possible to start on another day of the week.

Participants: minimum 2 persons (solo traveller on request)

Level : 2,5

Moderate walking tour. Some walking experience is needed. You walk along well-marked paths, mainly signposted across meadows and throughout the forests. The Dolomites are always in view and the paths offer no element of danger. You can use public transport on

some of the routes to shorten the walking distances. The tour is suitable for children from 12 years and on.

Daily distances between 14,7 km / 9,1 miles and 20 km / 12,4 miles

total km: 7 day tour 80 km / 49,7 mi

8-day tour 94 km / 58,4 mi

'Highlights' of this walking holiday:

- Old town of Bressanone (Brixen)
- Neustift abbey, Convent Säben in Chiusa.
- The high plateau of Renon (Ritten)
- Typical South Tyrolean hamlets and mountain farms
- Lake Kaltern
- The provincial capital, Bolzano (Bozen), with its famous arbours and Street-Fruit-Market
- Sigmundskron Castle and the Messner Mountain Museum
- Lush orchards and thriving vineyards along the South Tyrolean Wine Route
- Tyrol Castle and the famous Tappeiner Way
- The spa town of Merano with its Mediterranean flavour and promenades along the river Passer

Program in short 7-day tour:

Day 1 Arrival at Bressanone (Brixen)

Day 2 Bressanone (Brixen) - Chiusa (Klausen)

Day 3 Chiusa (Klausen) -Renon (Ritten) - Bolzano (Bozen)

Day 4 Bolzano (Bozen) - surroundings of the Lake Caldaro (Kalterer See)

Day 5 Lake Caldaro (Kalterer See) - Termeno (Tramin) - lago di Caldaro (Kalterer See)

Day 6 Lake Caldaro (Kalterer See) - Lana - Merano (Meran)

Day 7 End of tour

Program in short 8-day tour:

Day 1 Arrival at Bressanone (Brixen)

Day 2 Bressanone - Neustift (Novacella) - Vahrner See (Lake Vahrn) - Bressanone

Day 3 Bressanone (Brixen) - Chiusa (Klausen)

Day 4 Chiusa (Klausen) -Renon (Ritten) - Bolzano (Bozen)

Day 5 Bolzano (Bozen) - surroundings of the Lake Caldaro (Kalterer See)

Day 6 Lake Caldaro (Kalterer See) - Termeno (Tramin) - lago di Caldaro (Kalterer See)

Day 7 Lake Caldaro (Kalterer See) - Lana - Merano (Meran)

Day 8 End of tour



Program day by day:

Day 1 Arrival at Bressanone (Brixen)

Individual arrival at your hotel in Bressanone. If you arrive early in the day, you will have time to explore this thousand-year-old town with its colourful alleys, nice shops and traditional festivals. The pope has a summer residence in Bressanone for his yearly two-week summer retreat. The surroundings of Bressanone are beautiful: the mountain slopes are covered with green vineyards and orchards. It is certainly worth visiting the bishop's palace and the 13th-14th century cathedral, inside which you can admire frescoes dating from the 14th and 15th centuries.

Overnight with breakfast in Bressanone

Day 2 Bressanone (Brixen) - Chiusa (Klausen)

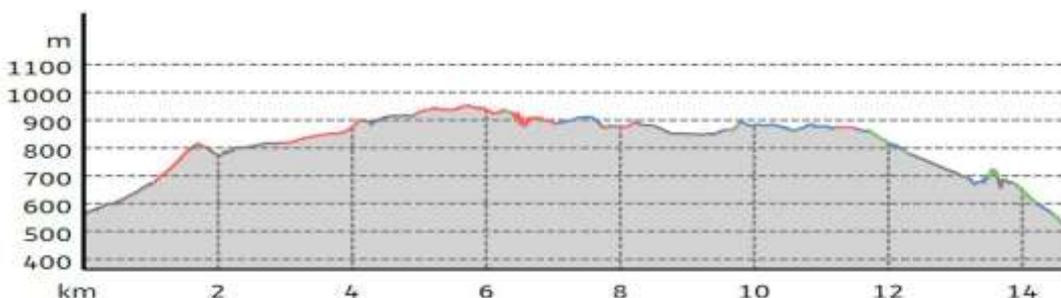
Leaving Bressanone you hike up to the Peffersberg, passing small hamlets and mountain farms on your way along the plateau. To the south, you have a wonderful view of the Dolomites summits. You reach Velturmo (Feldthurns) and carry on to the Säben convent, the Acropolis of South Tyrol. Cloistered Benedictine nuns live in this 17th century convent and it is not open to the public. Your overnight stay is in Chiusa (Klausen) a picturesque village, which is often visited by painters and poets. In the evening in Chiusa, brief tour information will be held.

Overnight with breakfast in Chiusa

Distance: 15 km / 9,3 miles

Ascent & Descent: + 625m - 700m

Walking time: 6 hrs



Day 3 Chiusa (Klausen) –Renon (Ritten) – Bolzano (Bozen)

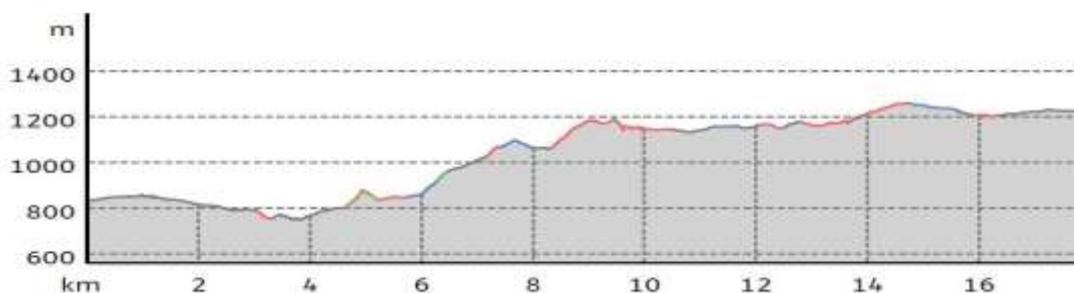
After a short transfer by bus to Barbiano, you reach Renon (Ritten) on foot, a wonderful plateau above the Eisack Valley with impressive views of the Dolomites and the Schlern (2461m a.s.l.). You will pass the Earth Pyramids, a phenomenon created by erosion and occurring above all in the places where Ice Age glaciers have deposited moraine silt in the valleys. A cable car will take you to Bolzano, a town surrounded by many castles. In the evening, you will have time to visit this lively town, which unites Italian and Austrian culture. Due to its position, Bolzano is because of its position also called the gate of the Dolomites. You can visit many places of interest here, such as the cathedral, the 13th century Dominican church with a beautiful fresco by Michael Pacher (15th century) and a modern art museum. To shorten the route you can take the cable car 'Rittnerbahn' from Collalbo (Klobenstein) to Soprabolzano (Oberbozen).

Overnight with breakfast in Bolzano

Distance: 17,9 km / 11,1 miles

Ascent & Descent: + 675m – 725m

Walking time: 6 hrs



Day 4 Bolzano (Bozen) – surroundings of the Lake Caldaro (Kalterer See)

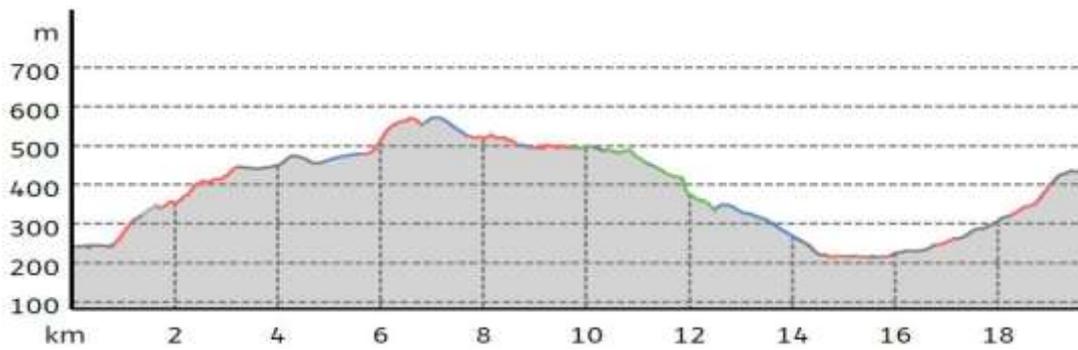
The sunny south of South Tyrol is awaiting you! Today you will discover the area around the most famous –and warmest- mountain lake of South Tyrol; lago di Caldaro (Lake Kaltern). This is a renowned wine-growing region, appreciated for not only its impressive vineyards, but also the numerous castles, manor houses, churches and farms. A must for every wine lover is a visit to the South Tyrolean wine museum in Caldaro (Kaltern), which gives an insight into the history of South Tyrolean wines. You can shorten the tour by taking a bus from the lake to the village.

Overnight with breakfast in Lake Caldaro

Distance: 16 km / 9,9 miles

Ascent & Descent: + 550m – 350m

Walking time: 6 hrs



Day 5 Lake Caldaro (Kalterer See) - Termeno (Tramin) - Lake Caldaro (Kalterer See)

Today you will follow a part of the Tyrolean wine route: a treat for every wine lover and connoisseur. Picturesque vineyards and charming landscapes are accompanying you on your way. Today you will surely enjoy the many nice views of these vineyards, the small towns and farmhouses. The most famous wineries of the region and many of the well-known wine producers are found in this area. Also today, you can shorten the tour by taking a bus from the lake to the village.

Overnight with breakfast in Lake Caldaro

Distance: 11 km / 6,8 miles

Ascent & Descent: + 500m - 500m

Walking time: 6/7 hrs



Day 6 Lake Caldaro (Kalterer See) - Lana - Merano (Meran)

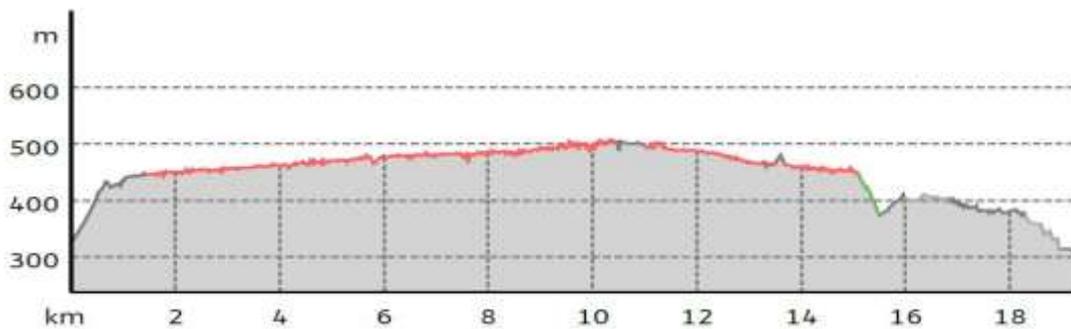
After breakfast, there is a transfer to Lana. Shortly after Lana, the hiking route continues along the famous Marlinger Waals - the longest irrigation ditch in South Tyrol. These irrigation ditches known as 'Waale' were constructed hundreds of years ago to supply dry strips of land with water. Today these ditches make wonderful footpaths used for hiking and walking. The route continues below Tyrol Castle along the famous 'Tappeiner Weg' towards Merano. Empress Sissi knew how to appreciate the mild climate. Inviting centuries-old arbours and superb parks add to the completion of a perfect day.

Overnight with breakfast in Merano

Distance: 19 km / 11,8 miles

Ascent & Descent: + 325m - 325m

Walking time: 6/7 hrs



Day 7 Departure after breakfast

There is also an 8-day version:

Day 1 Arrival in Bressanone (Brixen)

Individual arrival at your hotel in Bressanone. If you arrive early in the day, you will have time to explore this thousand-year-old town with its colourful alleys, nice shops and traditional festivals.

Overnight with breakfast in Bressanone

Day 2 Bressanone - Neustift (Novacella) - Vahrner See (Lake Vahrn) - Bressanone

Leaving Brixen you walk along the river Eisack (Isarco) till the abbey of Novacella, which is in possession of the order of St. Augustine. The collegiate church, the library with a collection of 92.000 books and manuscripts is worthwhile visiting. Then you continue your walk to Lake Vahrn, where with good weather you good swim in its crystal-clear waters. You follow the Chestnut walking route to return to Bressanone

Overnight with breakfast in Bressanone

Distance: 15 km / 9,3 miles

Ascent & Descent: + 375m - 375m

Walking time: 5/6 hrs



Day 3 Bressanone (Brixen) - Chiusa (Klausen)

See above from day 2 the programme for the rest of the week.



Hotels:

Good *** stars hotels or **** stars hotels

Price per person 2021:

7 days tour	
In double room arrival on 18/04/2021	€ 579,00
In double room other arrival dates	€ 689,00
Single room supplement	€ 125,00
Half board supplement	€ 139,00
High season surcharge (17/07-12/10/2021 incl.)	€ 59,00
8 days tour	
In double room arrival on 21/04	€ 639,00
In double room other arrival dates	€ 729,00
Single room supplement	€ 139,00
Half board supplement	€ 149,00
High season surcharge (20/07-13/10/2018 incl.)	€ 69,00
Extra nights	
Extra night in Brixen (Bressanone) B&B **** hotel	€ 69,00
Single room supplement	€ 15,00

Extra night B&B in Meran *** hotel p.p. in double room B&B	€ 79,00
Single room supplement	€ 20,00
High season supplement for extra nights per day p.p. (17/07-12/10 included)	€ 10,00

Included in the price:

- 6 or 7 overnight stays in good *** or **** star hotels with breakfast buffet or extended breakfast.
- If booked for half board: minimum of 3-course menu
- Tour information
- Personal tour information in the evening of your walk to Klausen
- Service hotline
- Tickets for transfers according to programme
- Luggage transportation from hotel to hotel
- Carefully elaborated road book in English or German

Not included in the price:

- Arrival to the starting point of the tour
- Departure at the end of the tour
- Drinks, tourist tax and all extras
- Lunch
- Not mentioned entries
- Travel insurance
- All not expressly mentioned under the item "included in the price"

How to reach the starting point:

By car:

From Innsbruck by car on the Brennero motorway (A22) to Bressanone (Brixen) or over the Felbertauernstraße to Lienz in Eastern Tyrol (Austria) and then on further through the Pusteria Valley on the SS49 to Bressanone (Brixen).

By Airplane:

Nearest airports are Innsbruck airport (about 83 km), [Verona Villafranca airport](#) (about 191 km), [Treviso airport](#) (228 km) and [Venice S.Marco airport](#) (313 km)

By train:

Take a train from Innsbruck to Bressanone (Brixen) or from Verona passing Bolzano / Bozen to Brixen (Bressanone)

Timetable:

For Germany: www.deutschebahn.de

For Austria: www.oebb.at

For Italy: www.trenitalia.com

Parking facilities in Bressanone (Brixen):

Parking facilities at Bressanone at the hotel of your arrival:

Hotel garage: € 55,00/week; € 10,50 a day

Parking Residence Gasser: about 18,00 Euro a week

Reservations not possible; to be paid directly in the hotel

Transfer back to pick up car:

There are good train-connections on the main line Merano-Bolzano-Bressanone.

Timetable on www.trenitalia.com

Useful information:

[Italian highway](#)

[Weather in the dolomites](#)

[Italy](#)

[Italy](#)

[Bressanone](#)

[Bressanone wikipedia](#)

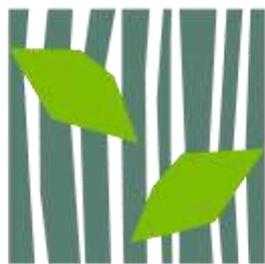
[Valle Isarco](#)

[Monastery of Säben](#)

[Bolzano](#)

[Bolzano wikipedia](#)

[Meran and surroundings](#)



ECOLOGICOTOURS

ECOLOGICO TOURS

Lumbreida B19

6565 San Bernardino

Svizzera/Schweiz/Suisse

info@ecologicotours.com

tel. (0039) 3463254167 – (0041)(0) 79 2457505

www.ecologicotours.com

www.meravigliosaubria.com