

Lake Garda

A 7- days cycling tour

Code tour: ITLOMVEN01C



Lake Garda is one of the nicest and also largest lake of Italy, surrounded by moraine hills in the South and enclosed by mountains in the North. Its shape is long and narrow, similar to a fjord. Three Italian regions are embracing the lake: Lombardia, Veneto and Trentino-Alto Adige. The mild Mediterranean climate makes it an excellent place to enjoy sun, water and nature. The lush green hills are covered with olive groves, lemon and orange trees, palms and vineyards producing excellent wines. In this area we find the famous Bardolino and near Verona the excellent Valpolicella. These wines you can combine with local dishes like Yota, a delicious stew with beans, ham, potatoes and sauerkraut or the Tortellini di Valeggio made of a thin dough filled with meat. This is an easy tour, suitable for everyone. You will visit the small lake towns Garda and Peschiera, which fortress and extern fortifications are on the Unesco world heritage list. But you visit also important places like Verona with its beautiful Roman Arena. The towns of Lake Garda are also famous for its markets where the joyful colours of fruit, red pepper, vegetables are mixed with pottery, leather items and other fun trinkets. Another nice experience is the ride along the Cycle path of the Mincio river, emissary which lets out at

Peschiera.

All these ingredients will make this cycle tour an enjoyable and relaxing adventure!



Period:

Every day from 3rd April to 2nd October 2021

Participants: minimum 2. Individual traveller upon request.

Level: 1

Total length: 170 km / 105 miles and 190 km / 118 miles

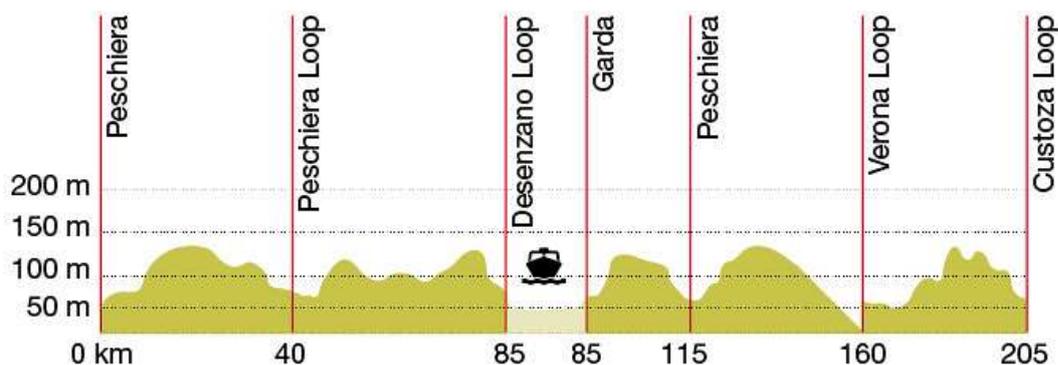
Total vertical up: 950/1140 m

Terrain: 90% tarmac, 10% unpaved

The route is mostly on bike paths and low traffic roads. Stretches are flat, without any significant uphill, and with circular routes. This tour is perfect if you like plains and low pace: you can stop, visit and take many pictures: this tour is suitable for everybody, even for those who are at their first experience of cycling holiday. You will ride along routes on rural/secondary roads or cycle paths in the area of Garda Lake. The entrance to Verona has slightly more traffic but only for a short stretch.

Program in short:

- Day 1 Arrival at Peschiera
- Day 2 Peschiera round tour
- Day 3 Desenzano ring tour
- Day 4 Garda round tour
- Day 5 Verona round tour
- Day 6 Borghetto/Custoza round tour
- Day 7 End of tour



Due to organisational reasons, weather conditions or provisions issued by local authorities, the itinerary may be subject to some changes before and/or during your holiday. For example, along the way you may find temporary deviations caused by roadworks, which cannot be foreseen; in this case please follow the indications you will find on site. In case of strike, bad weather conditions, technical breakdowns, safety problems or any other reason preventing the regular departure of the ferry boat (from Peschiera to Garda), the ferry boat company can delay, cancel or deviate the navigation without notice.

Program day by day

Day 1 Individual arrival in Peschiera del Garda.

Arrival in Peschiera del Garda, a veritable fortress-city completely surrounded by water, an architectural jewel of art and culture.

The ancient Roman name of Peschiera del Garda was Acrilica, still preserves evidences of its history attracting every year many visitors. Besides it, Peschiera offers its visitors peaceful and relaxing moments in a beautiful natural environment.

Overnight with breakfast in Peschiera del Garda

Day 2 Peschiera Round Tour

Today is your first day by bike: you will cycle among the vineyards of the Lugana area until you reach the village of Solferino, site of the battle that put an end to the Second War of Independence in 1859. Back along the cycle path to Peschiera.

Overnight with breakfast in Peschiera del Garda

Distance: 40 km / 25 miles

Ascent: + 180m

Day 3 Desenzano ring tour

In search of another highly valued place on the west bank of the lake, you will ride to Desenzano for a round tour on the sweet morainic hills. When you arrive in Desenzano, you have two options: you can continue the cycling tour and visit the beautiful castle of Padenghe sul Garda and the Abbey of Maguzzano or you stop in Desenzano. The town offers various possibilities to spend several hours relaxing peacefully on the banks of the lake. The centre of Desenzano is the picturesque square, piazza Malvezzi, which lies on the old harbor. Here, inland shipping vessels used to transport goods that were traded on the market. An old portico surrounds the square. Transfer by train from Desenzano (15min) to Peschiera for the overnight.

Overnight with breakfast in Peschiera del Garda

Distance: 45 km / 28 miles

Ascent: + 310m

Day 4 Garda round tour

Today you'll cycle among hills and hamlets surrounding the lake, thanks to a short ferry transfer to Garda, the small town which gave the name to the lake. Once in Garda, you'll start cycling towards Bardolino, famous for the red wine, and from there you'll go back to Peschiera, admiring the sweet landscape of the lake.

Overnight with breakfast in Peschiera del Garda

Distance: 30 km / 16 miles

Ascent: + 200m



Day 5 Verona round tour

Today you cycle towards Verona, the city of Romeo and Juliet situated on the river Adige; this is one of the most beautiful cities in Veneto. Don't miss the Roman Arena, the stunning Church of San Zeno and, naturally, Juliet's House. Transfer

by train from Verona to Peschiera del Garda for the overnight.

Overnight with breakfast in Peschiera del Garda

Distance: 40 km / 25 miles

Ascent: + 150m

Day 6 Borghetto / Custoza round tour

Following the river Mincio, you'll cycle along the most famous Italian cycle path, until you reach lovely Borghetto, one of the "most beautiful hamlets of Italy". On the nearby hill you can visit Valeggio, famous for the typical tortellini and the park Sigurtà. Then you'll go on among the hills until Custoza, battle field during the Italian Risorgimento and today well-known for its DOC wine, the "Bianco di Custoza". Finally you'll go back to Peschiera along quiet country roads.

Overnight with breakfast in Peschiera del Garda

Distance: 40 km / 25 miles

Day 7 End of tour

After breakfast, end of our services or extra night (upon request).

Hotels: *** star Hotel.



Seasons

Season 1: 3.04 - 23.04 and 25.09 - 2.10.2021

Season 2: 24.04 - 14.05 and 30.08 - 24.09.2021

Season 3: 15.05 - 29.08.2021

Prices per person 2021:

In double room € 550,00

In single room € 750,00

Supplements per person:

80 € Season 2 (24.04 - 14.05 and 30.08 - 24.09.2021)

120 € Season 3 (15.05 - 29.08.2021)

Reductions

100 € 3rd/4th person in room

Extra nights in double/single room with breakfast:

From 65/85 € in Verona

Rental Bikes

85 € Touring bike

195 € E-bike

15 € helmet (head circumference from 54 to 61 cm)

Included in the price

- 6 nights hotel accommodation with breakfast
- App including maps, points of interest and GPS tracks
- Digital tour information
- Train tickets Desenzano-Peschiera and Verona-Peschiera
- Ferry ticket Peschiera-Garda
- Hotline service

Not included in the price

- Local taxes (approx.. 8 €)
- Everything not mentioned in the section "included"

Bikes:

Bikes are available in different sizes and frames:

- Touring bike 27-gear Shimano Deore
- Touring bike 7-gear Shimano Nexus with back-pedal brake
- E-bike 9-gear Shimano
- Tandem www.pedalpower.de

Features:

- Aluminium frame
- Mudguard
- Rear rack
- Comfort gel saddle www.selleroyal.com
- Anti-puncture Schwalbe tyres
- Ergonomic bicycle grips
- Speed Lifter system

Accessories

All rented adult bikes are equipped with:

1 Cycle computer

1 Ortlieb one-sided saddlebag

1 Front bar bag or 1 map holder

1 Water bottle (0.75 l)

1 Repair kit per room: 1 spare inner tube, glue, patch, a pump, 2 allen keys and tyre levers

1 Combination bike lock

At the time of booking, you can also rent helmets suitable for head circumferences from 54 to 61 cm. All our helmets have a certification mark according to the DIN EN 1078 (CE) European norm.

How to reach Lake Garda

Start/End: Peschiera del Garda / Peschiera del Garda

Lake Garda can be easily reached from every part of Italy and of the whole world, thanks to its central position and good connections. You can choose to travel by car, train, plane, bus or, once you get here, you can also move from place to place by boat.

By car

For those who pick the car as a mean of transport, Lake Garda is reachable from north via the motorway A22 Brennero - Modena. Exit in Rovereto Sud if you want to visit the northern part of the lake (direction Mori, Torbole, Malcesine) or in Affi if you want to reach the southern part (direction Bardolino, Lazise, Garda). For those who come from east/west, you can take the motorway A4 Milan - Venice and exit in Peschiera del Garda.

By Train

There is a railway station in Peschiera del Garda. The central station of Verona Porta Nuova is also an important reference point, from where you can take a train to Peschiera del Garda.

By Bus

It is very easy to arrive at Peschiera del Garda by public transport. Different bus lines allow you to visit all the most interesting localities of the area. For instance, lines 163, 164 and 185 leave from Verona and arrive in Garda, passing by Peschiera del Garda, Lazise and Bardolino.

By Plane

The nearest airports to reach the east shore of Lake Garda are Valerio Catullo in Villafranca di Verona, at about 15 km from the lake, and Orio al Serio in Bergamo, approximately at 90 km from Peschiera del Garda. Other airports, which are further away but still good options to arrive here are Milan Linate and Malpensa, Venice Marco Polo and the smaller airport of Treviso.

Useful information

[Italy](#)

[Italy Italy Travel Board](#)

[Safe travelling to Italy](#)

[Lombardy](#)

[Peschiera del Garda](#)

[Climate](#)

[Lake Garda](#)

[Verona](#)



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