**Walking in the Langhe: Wine, History and Truffles**
An 8 day / 7 nights walking holiday

Code tour: ITAPIE05W



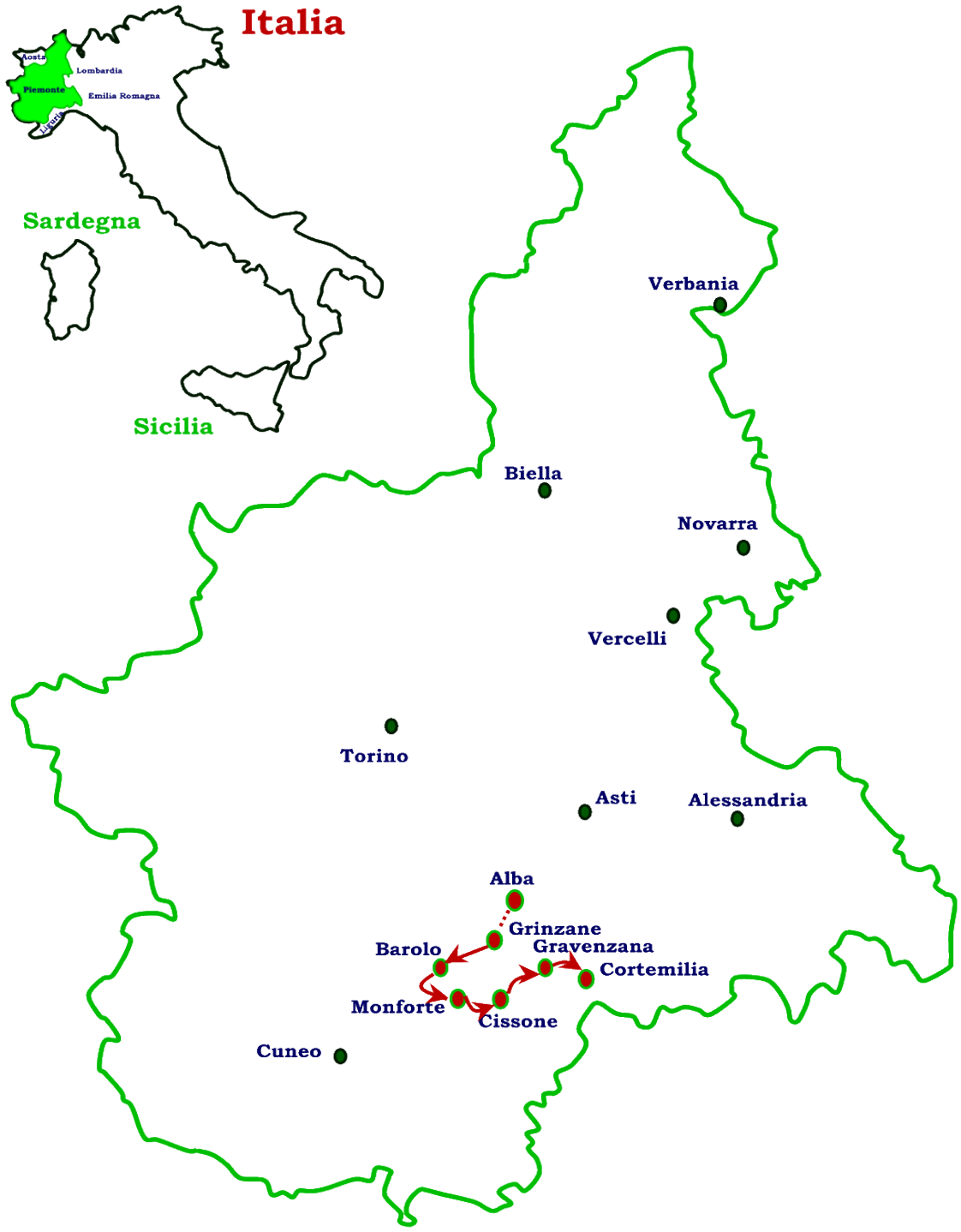
**Welcome to the Langhe: an 8-day walking journey through landscapes, history, and flavors**

The Langhe, the rolling heart of southern Piedmont, are a true paradise for those who love walking amidst nature, breathtaking views, historic villages, and endless vineyards. This 8-day walking itinerary will take you through a region famous worldwide for its fine wines, such as Barolo and Barbaresco, as well as truffles, cheeses, and other local delicacies.

Along the way, you'll explore medieval villages frozen in time, hilltop castles, and charming country paths that tell the story of generations of farmers and winemakers. Every step will allow you to experience the authentic Langhe culture, rooted in hospitality, tradition, and a passion for good food.

Fun fact: did you know that the Langhe are a UNESCO World Heritage site? Their fame goes beyond landscapes and gastronomy: the region is also alive with ancient fairs and festivals celebrating the grape harvest and truffles, offering a vivid taste of local culture. Walking among the Nebbiolo and Dolcetto vineyards, you can savor the history of wines born from century-old vines, each with its unique character and deep connection to the land.

This guide will accompany you day by day, suggesting walking routes, gastronomic stops, villages to visit, and hidden gems that only a slow traveler can discover. Get ready for an authentic experience full of landscapes, aromas, and flavors that will stay in your heart long after the last step.




**Period**: daily from March to October 2026

**Participants**: minimum 2 persons

**Level:** 2

Moderate: In general the walks are easy to moderate with some more demanding sections, where a moderate - good physical condition and walking experience is required. The walks are along uneven footpaths, mule tracks, small gravel and quiet asphalted roads.

**Average daily distances:**
between 7 km / 4,3 mi – 17 km / 10,7 mi

**Total km:**
Total 74 km / 46 mi

**Program in short:**
Day 1 Arrival at Alba
Day 2 Alba – Barolo (13 km / 8 miles)
Day 3 Barolo – Monforte (9 km / 5,6 miles or 14 km / 8,6 miles)
Day 4 Monforte – Cissone (16 km / 10 miles)
Day 5 Round tour at Cissone (7 km / 4,3 miles)
Day 6 Cissone – Cravanzana (17 km / 10,5 miles)
Day 7 Cravanzana – Cortemilia (12 km / 7,5 miles)
Day 8 End of tour

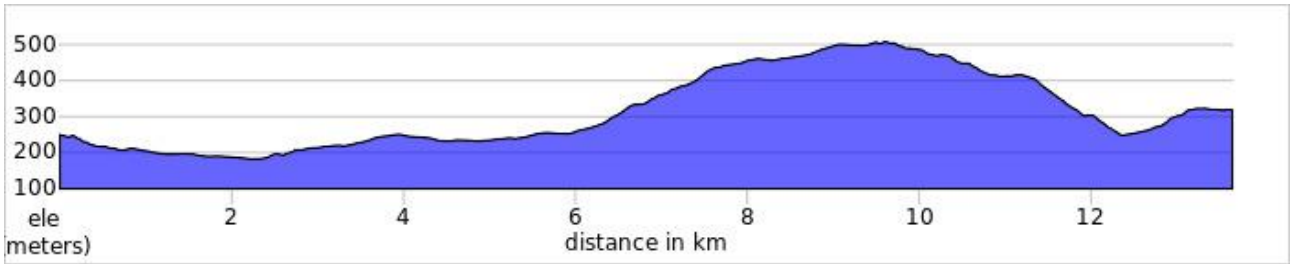
## Program day by day

**Day 1 individual arrival at Alba**
Alba, capital of the Langhe, is famous for its white truffles, chocolate and for its impressive high towers (14th and 15th century) Alba is very much at the forefront of eno-gastronomy: do not miss the pleasure of a delicious dinner and the chance to sample the great wines of this area like Barolo, Barberesco or Barbera.
Accommodation: **** star hotel

Overnight with breakfast in Alba

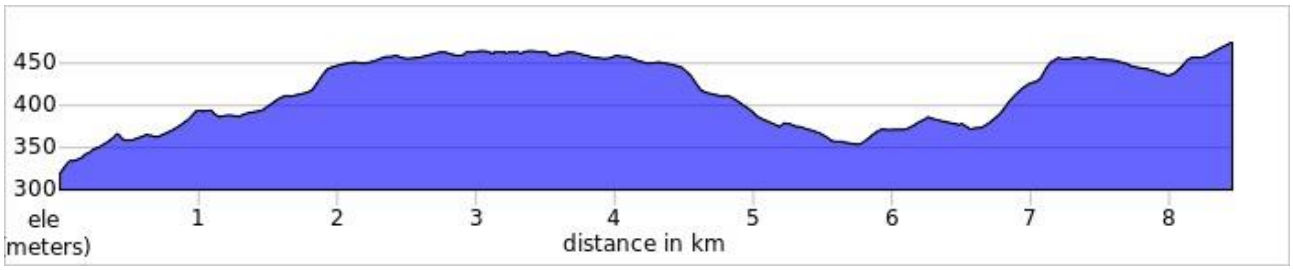
**Day 2 Alba – Grinzane - Barolo**
After breakfast, you have a short transfer by taxi to the starting point of the walk, the Grinzane Fortress, which houses the "Cavour" Regional Enoteca, a prestigious showcase for the very best Piedmontese wines and grappa's. You cross Gallo d'Alba and walking through the vineyards of La Morra you will reach Barolo with not one castle but two castles, the Castello Falletti and the Castello della Volta.

Overnight with breakfast in Barolo
Walking time: 3 hrs 30 min
Distance: 13 km / 8 miles
Ascent & Descent: + 404m – 331m



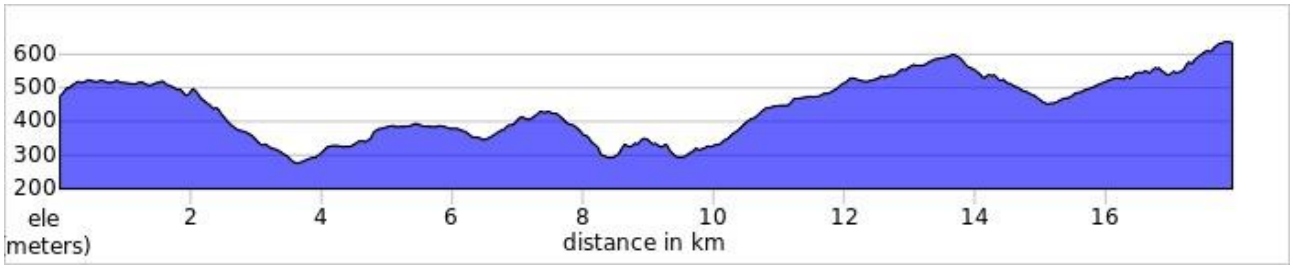

**Day 3 Barolo - Novello - Monforte**
Today you are walking mostly amongst the vineyards of Nebbiolo grapes, from which excellent wines are made; you reach Novello with its impressive castle. You continue your walk until Monforte, where you can relax and enjoy a glass of wine on the lively square meeting point of the inhabitants and tourist. On the longer route you pass by Monchiero.

Overnight with breakfast in Monforte
Walking time: 2 hrs 30 min or 4 hrs
Distance: 9 km / 5,6 miles or 14 km / 8,6 miles
Ascent & Descent: +273m -131m




**Day 4 Monforte – Cissone**
The route will lead you to small picturesque villages of this area, like Serrallunga, Sinio, Roddino and last but not least Cissone. Of course, also today, the vineyards make part of your walk, but also you will see the first nut trees and some woodland. It is certainly worthwhile to make a stop in Serralunga to visit the castle and to taste some ...again excellent wine.

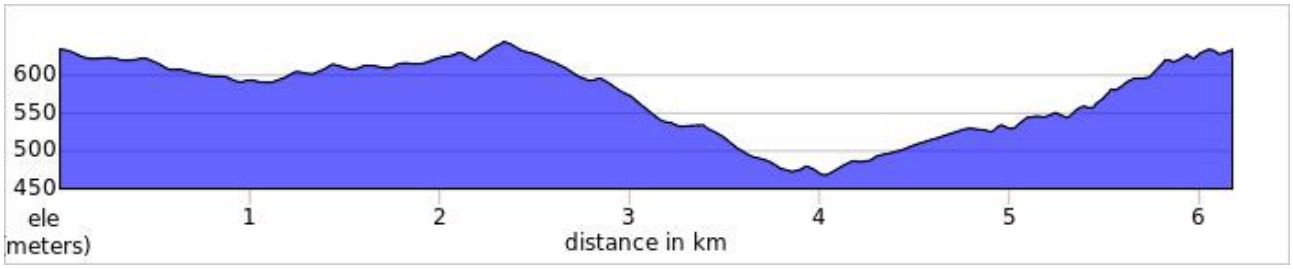
Overnight with breakfast in Cissone
Walking time: 4 hrs 30 min
Distance: 16 km / 9,9 miles
Ascent & Descent: +746m -600m




**Day 5 Cissone, day of rest or easy walk of 7 km**

Today you can have a day of rest and enjoy some relax or make a short ring walk in the surrounding hills of this enchanting small town.

Overnight with breakfast in Cissone
Walking time: 2 hrs 30 min
Distance: 7 km / 4,3 miles
Ascent & Descent: + 292m -200m



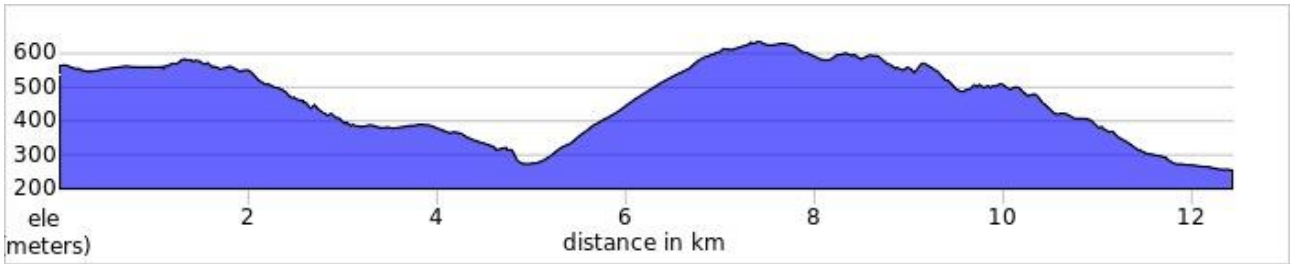

**Day 6 Cissone - Cravanzana**
You are in the area of the High Langa, famous for its hazelnuts and the landscape is dominated by the hazelnut forests. You will cross the valley of Belbo and can make a stop to visit the church of Cerretto Langhe. The walk ends in Cravanzana.

Overnight with breakfast in Cravanzana
Walking time: 5 hrs
Distance: 17 km / 10,6 miles
Ascent & Descent: + 521m - 590m




**Day 7 Cravanzana - Cortemilia**
From Cravanzana a nice downhill walk will bring you to the tower Torre Bormida, where you will cross the river bearing the same name. A steep climb will bring you to Bergolo, one of the smallest characteristic municipalities of this area. Crossing the woods, you will reach Cortemilia, from Roman origins.

Overnight with breakfast in Cortemilia
Walking time: 3 hrs 30 min
Distance: 12 km / 7,5 miles
Ascent & Descent: + 407m - 717m




**Day 8 Cortemilia, departure after breakfast**
After breakfast this beautiful journey through the vineyards of the Langhe ends

**Hotels:**
Selected *** stars hotels or B&B are used in the larger towns, while in the villages and countryside are used cosy holiday farms, some very well known for their good cookery.

**Price per person 2026:**
In double room € 735,00
In single room € 1.005,00
High season surcharge (September & October) € 30,00
Reduction for no luggage transportation (on request) - € 70,00
Upgrade to hotel with swimming pool in Barolo € 40,00 p.p.

Extra overnight in Alba in **** star hotel: on request
€ 78 price b&b p.p. in double room, € 126 in single room

**Included in the price**:
- 7 overnight stays in 3 stars hotel or B&B
- Breakfast buffet
- Transfer on the first walking day from Alba to Grinzane
- Road book in English (text and pictures) with maps
- Luggage transportation
- Clients assistance hotline

**Not included in the price**:
- Trip from and to the starting town of Alba
- Lunches & dinners
- Local tourist taxes (to be paid locally)
- Everything not mentioned under 'Included in the price'

**On request**:
- Extra nights
- Transfer from and to the airports of Turin or Milan
- Transfer from Cortemilia to Alba at the end of the tour

**Car Park:**

For tours departing from Alba, we always try to book the Langhe hotel, which has free parking, but cannot be booked in advance. Alternatively, there is a multi-storey car park next to the station, which costs € 35 per week.

**penalties for cancellation of services:**
**In the event of withdrawal from the travel contract, the traveller is still required to pay the administration fee of €30 per person.**

- **15% of the entire participation fee from the time of booking up to 45 working days before departure, with a minimum of €50**
- **35% of the full participation fee from 44 to 28 working days prior to departure**
- **50% of the full participation fee from 27 to 11 working days prior to departure**
- **80% of the full participation fee from 10 to 3 working days before departure**
- **100% of the full participation fee within 2 working days prior to departure**

**How to arrive:**
Start / End: Alba / Cortemilia

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