

## **Bike & Wine or Bike & Lunch in Umbria**

A cycling, culture and gourmet day tour

Code tour: DTC002UMB



This guided or self-guided tasty day tour 'Bike & Wine' or Bike & Lunch makes an unforgettable day !

You cycle through the beautiful Umbrian landscape with agricultural fields, vineyards and many olive trees, which have become now the symbol of the region of Umbria. The day tour departs from our bike deposit, close to Assisi, or from the winery. The first stop is in Santa Maria degli Angeli with its impressive dome of the Franciscan Basilica, visible from afar. The route continues along quiet country roads to Spello, declared by Emperor Caesar 'Splendidissima Colonia Julia'. This village retains many remnants of the glorious Roman past and famous works of art in palaces and churches from 13th to 17th century. You cross the historic centre and then join the Via degli Olivi (Olive Trees Road) from which you have magnificent views of the valley below. Finally, you make a stop at a family-run organic winery, where you still feel the strong and true winemakers' spirit of the past, where the grape still grows according to nature and the wine has a variety of scents and flavours.

This day bike tour is a pleasant day forgetting stress and tension dedicating yourself to nature, relaxation and taste !



Period: from Monday until Saturday all year around. Sundays and holidays on request

The tour is self-guided or on request guided

Distance: about 33 km /21 miles

Level: easy (only a serious climb in the town of Spello, which is built on a hilltop, but this you could do walking)

**Prices per person 2022 Bike & Wine and Bike & Lunch:** from € 38

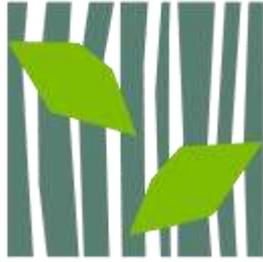
Extra services:

- Pick-up and drop off at Assisi or at the station of Assisi  
Deliver to and pick up the bikes at your hotel in Assisi or Spello € 3,00 per bike
- Half day tour guide
- Supplement e-bike € 15,00 per bike

**Included in the package:**

- bike rental
- wine-tasting of 5 wines with bruschetta, cheese and cold cuts
- or wine-tasting of 6 wines and lunch in an organic-farm (with antipasto, primo, secondo and vegetable / dessert)
- free parking at our deposit or at the winery
- route notes and maps

\* Please notify us if you have special diets or allergies



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